



Newsletter

VOGA CANADA

Issue 12 - December 2022

Contact:

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A Message from VOGA

Merry Christmas and Happy New Year!!!

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Past events

Dec 3 - VOGA held its last event of the year, the Christmas carols and dinner.

Upcoming events

**Looking forward to seeing you at
our events
in the New Year!**

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Important Notices:

- Please feel free to reach out to us via email with any suggestions or concerns.
- Keep an eye on your inbox for future VOGA updates and Newsletters.
- We welcome your submissions (articles, poems, etc.) to share in the Newsletter.
- Please check out our website, vogacanada.ca for VOGA news and events.

In Memory of Mrs. Yogeswary Sukumar (Bava)



To a Dear friend with Love

I am Vasuki Ragnathan, and I studied with Yoges at Vembadi (VGHS) in Jaffna and a long time friend of hers in Canada. As many of you hear I also had the privilege of knowing Yoges and admired her talents, efficiency and helping others. She worked hard to have a balanced life between her family, job and community services. Yoges and I were in the VOGA committee at the same period and I witnessed her participation, support and responsibilities to make the VOGA events successful. Also Yoges never hesitated to help or offer her advice if anyone reaches out to her.

Yoges and I had our birthdays 3 days apart and we both never missed a chance to wish each other and I am going to miss her birthday wishes for the rest of my lifetime. Yoges, your laughter and cheerful talks will be missed and I am very grateful to say that I have been a friend of yours and was lucky to have known you.

**From
Vasuki Ragnathan**



To you, Yoges....

You are my neighbour, a colleague and a dear friend
You are so beautiful inside – out
You were a definition of a friend in need

You were loved by all who came across you
You comforted everyone through your smile and laugh
You derived fulfillment and peace by helping and giving
You left your footprints on the sands of time

You lived by the quote of an ancient Greek Philosopher
“There is only one way to happen, and that is to cease worrying about things which are beyond the power of our control”
For certainly, you are no longer with us which is also beyond the power of our will

You are always in our heart although you are physically away
Your memories will always be cherished.

**From
Sulochana Kandavel**

Tribute from Vembadi Old Girls Association Canada

I am Nivadita Ramanan, President of the Vembadi Old Girls Association Canada and it is my honour to share my thoughts about Yoges acca today. I first met Yoges acca when I joined the VOGA committee in 2017, and today, I was hitting a roadblock in getting started with the eulogy, this is one of the hardest things I believe I have ever had to do, and remembered my aunt recently telling my kids “You should view the eulogy as a final gift to a loved one”.

A famous writer once said, “We make a living by what we get, we make life by what we give”.

If that is true, Yoges acca made a great life. She was the most giving person, and judging from her sweet smile I always remember, and many of you will agree with me.

When you hear the name Yoges acca, what word(s) immediately comes in mind ? if you're like me, there is no single word to choose from – caring, strong, humorous, encourager, lady of faith, unique. I am, sure there were some words you recognize. I understand that no assortment of words could possibly convey the degree of Yoges acca's stature. Although fate has already accomplished its deed here on earth, Yoges acca's soul will proceed to the heavens, where perhaps she may live in a kingdom worthy of her gracious presence. Death leaves a heartache no one can heal. Love leaves a memory no one can steal.

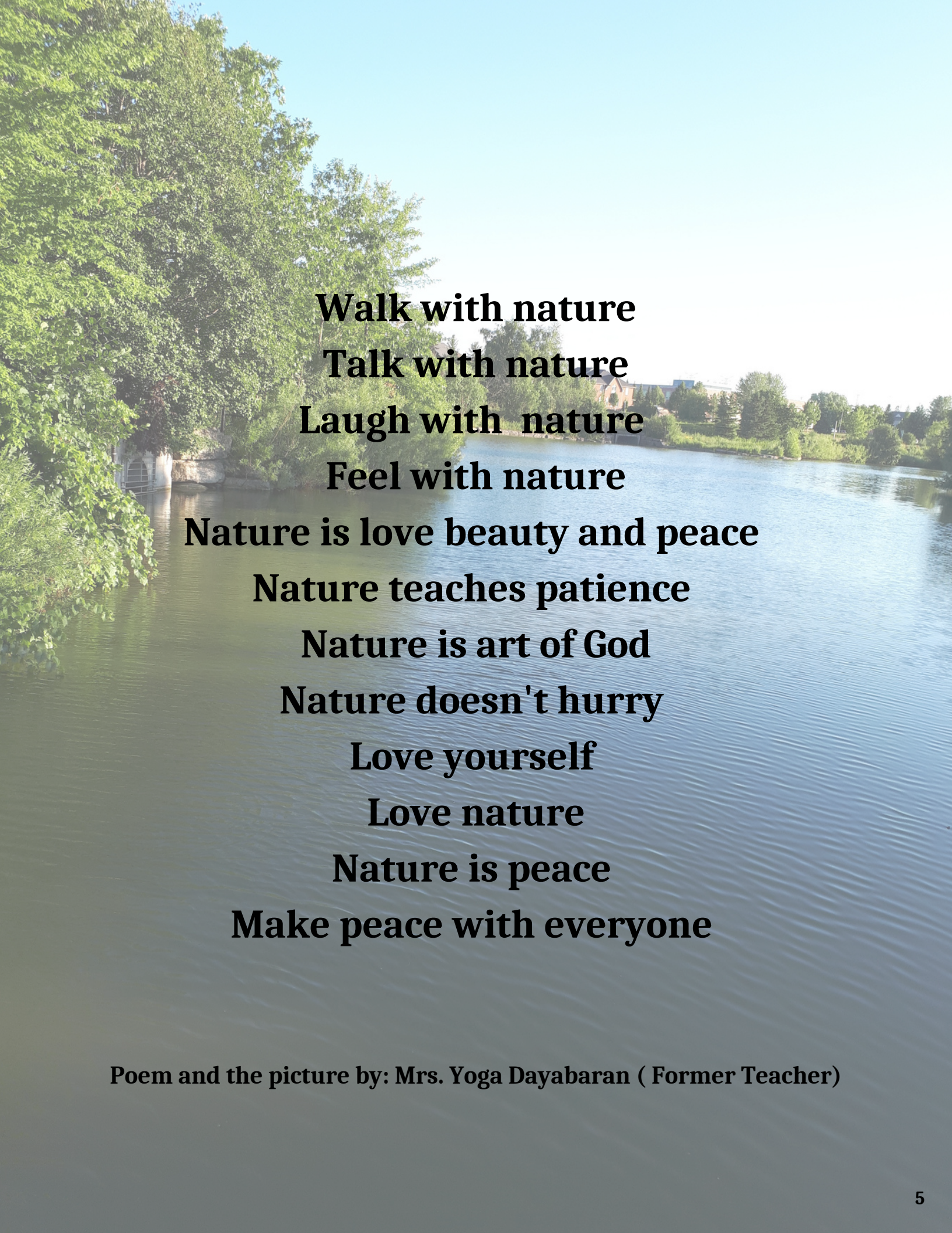
On behalf of all the Vembadians, wish you peace and comfort as you mourn the loss of your wife / mother / mother-in-law / grandmother and friend. You'll be in our thoughts and prayers.

Thank you



Pictures from Christmas Carols and Dinner





**Walk with nature
Talk with nature
Laugh with nature
Feel with nature
Nature is love beauty and peace
Nature teaches patience
Nature is art of God
Nature doesn't hurry
Love yourself
Love nature
Nature is peace
Make peace with everyone**

Poem and the picture by: Mrs. Yoga Dayabaran (Former Teacher)

விடைபெறு வருடமே (2022)

மின்னலென ஓர் வருடம் மறைய
பின்னோக்கி அதன் தேடல்
புதிதாய் அன்று நீ வந்ததை
முழுதாய் உணரும் முன் இன்று
பிரிந்து செல்கிறாய் அவசரமாய்
இடையில் நடந்தன
கனவுகளா இல்லை கற்பனைகளா
குழப்பத்தில் ஞாபகங்கள்
இமைகள் மூடி திறக்கும் முன்
மாறிடும் காட்சிகள்
நிழல்படங்களாய் பின்னணியில்
வாழ்க்கை அதன்
வேகத்திற்கு இணையில்லை
அவனியில்

ஆண்டுகள் உருண்டோடும்
இயற்கையின் நியதி அதே
நேரம் அதன் துடிப்பின்
ஒவ்வோர் நொடி தனில்
உள்ளத்திற்கு உண்மையாய்
உலகிற்கு உபகாரமாய்
பண்பு நெறி தவறா வாழ்க்கையில்
கடமைகள் நிறைவேற
அடையும் மனநிறைவில்
எய்திடும் ஆத்மா
திருப்தியில் இன்பம்
கவலையில்லை இனி
வருடங்கள் பல
கடந்து போனாலும்.

—ம. சு—

VOGA Executive Committee Members - 2023

President: Nivadita Ramanan

Vice President: Indrajothy Logendran

Secretary: Manjula Sudharshan

Assistant Secretary: Sumathy Seralathan

Treasurer: Dilaka Sivasambo

Assistant Treasurer: Sugantha Navaratnam

Auditor: Chelvi Elanganayagam

Ex-Officio Member: Dilkusha Vigneswararajah

Committee Members: Jeeva Santhakumaran

Sawthika Sritharan

Usha Chandrakumaran

Sumathy Sellathurai

Sutha Paramalingam

Prabhahini Thayaparan

Chrishanthy Arunkumar

Devaranee Vishnumohan

Kamala Ananthan

Kugananthy Ravindran

Nalayini Ravindranath

Niranjini Mohan

Rathy Arulanantham

Mrs. K. Nadarajah

Mrs. R. Thambirajah

Please feel free to reach out to us via email with any suggestions and/or concerns.

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